

# AGE 4-7

## RED STAGE

1/4 sized court, 75% slower ball enables greater success from the start.

Progressive levels from development to performance based on age and ability.

### DEVELOPMENT

Players that are new to the game, or those still learning all fundamentals including technique, movement, rallying skills and not yet confident in match play. This group will be split by coaches into level 1 and level 2 based on ability.

### PERFORMANCE

Those confident in most areas of their game and are able to rally and serve. Continued focus on all fundamentals with increased emphasis on footwork and rallying skills. This group will be split by coaches into level 1 and level 2 based on ability.





# AGE 7-9

## ORANGE STAGE

1/4 sized court, 75% slower ball enables greater success from the start.

Progressive levels from development to performance based on age and ability.

### DEVELOPMENT

Players that are new to the game, or those still learning all fundamentals including technique, movement, rallying skills and not yet confident in match play. This group will be split by coaches into level 1 and level 2 based on ability.

### PERFORMANCE

Those confident in most areas of their game and are able to rally and serve. Continued focus on all fundamentals with increased emphasis on footwork and rallying skills. This group will be split by coaches into level 1 and level 2 based on ability.





# AGE 8-10



**SAVITAR**  
Tennis Pathway

## GREEN STAGE

Full court, 25% slower ball to play like the pros and remain in control.

Progressive levels from development to performance based on age and ability.

### DEVELOPMENT

Players that are new to the game, or those still learning all fundamentals including technique, movement, rallying skills and not yet confident in match play. This group will be split by coaches into level 1 and level 2 based on ability.

### PERFORMANCE

Those confident in all areas of their game and are participating in match play. More advanced techniques and tactics with a greater emphasis on spin, footwork patterns, shot selection and tactics will be covered. This group will be split by coaches into level 1 and Elite based on ability.





# AGE 11-18



**SAVITAR**  
Tennis Pathway

## YELLOW STAGE

Full court, yellow (regular) balls

Progressive Levels from development to performance based on age and ability

### DEVELOPMENT

Players that are new to the game, or those still learning all fundamentals including technique, movement, rallying skills and not yet confident in match play. This group will be split by coaches into level 1 and level 2 based on ability.

### PERFORMANCE

Those confident in all areas of their game and participating in match play. Main focus at this level is tactics and strategies in singles and doubles, with an increased physical and mental component. This group will be split by coaches into level 1 and Elite based on ability

